

THE WORD

Year B • Psalter Week 1

ENTRANCE ANTIPHON

Turn your ear, O Lord, and answer me;
save the servant who trusts in you, my God.
Have mercy on me, O Lord, for I cry to you all
the day long.

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

COLLECT

O God, who cause the minds of the faithful
to unite in a single purpose,
grant your people to love what you command
and to desire what you promise,
that, amid the uncertainties of this world,
our hearts may be fixed on that place
where true gladness is found.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever.
Amen.

FIRST READING Joshua 24:1-2, 15-18

A reading from the book of Joshua.
Joshua gathered all the tribes of Israel
together at Shechem; then he called the elders,
leaders, judges and scribes of Israel, and
they presented themselves before God. Then
Joshua said to all the people: "If you will not
serve the Lord, choose today whom you wish
to serve, whether the gods that your ancestors
served beyond the River, or the gods of the
Amorites in whose land you are now living. As
for me and my House, we will serve the Lord."
The people answered, "We have no intention
of deserting the Lord our God and serving
other gods. Was it not the Lord our God who
brought us and our ancestors out of the land of
Egypt, the house of slavery, who worked those
great wonders before our eyes and preserved
us all along the way we travelled and among
all the peoples through whom we journeyed?
We too will serve the Lord, for he is our God."
The word of the Lord.
Thanks be to God.

PSALM

Psalm 33

Response:

Taste and see that the Lord is good.

- I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. (R.)
- The Lord turns his face against the
wicked

to destroy their remembrance from the
earth.

The Lord turns his eyes to the just
and his ears to their appeal. (R.)

- They call and the Lord hears
and rescues them in all their distress.
The Lord is close to the broken hearted;
those whose spirit is crushed he will
save. (R.)
- Many are the trials of the just man
but from them all the Lord will rescue
him.
He will keep guard over all his bones,
not one of his bones shall be broken. (R.)
- Evil brings death to the wicked;
those who hate the good are doomed.
The Lord ransoms the souls of his
servants.
Those who hide in him shall not be
condemned. (R.)

SECOND READING Ephesians 5:21-32

A reading from the letter of St Paul to the
Ephesians.

Give way to one another in obedience to
Christ. Wives should regard their husbands as
they regard the Lord, since as Christ is head
of the Church and saves the whole body, so
is a husband the head of his wife; and as the
Church submits to Christ, so should wives
to their husbands, in everything. Husbands
should love their wives just as Christ loved the
Church and sacrificed himself for her to make
her holy. He made her clean by washing her in
water with a form of words, so that when he
took her to himself she would be glorious, with
no speck or wrinkle or anything like that, but
holy and faultless. In the same way, husbands
must love their wives as they love their own
bodies; for a man to love his wife is for him
to love himself. A man never hates his own
body, but he feeds it and looks after it; and that
is the way Christ treats the Church, because
it is his body – and we are its living parts. For
this reason, a man must leave his father and
mother and be joined to his wife, and the two
will become one body. This mystery has many
implications; but I am saying it applies to
Christ and the Church.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Your words are spirit, Lord,
and they are life:
you have the message of eternal life.
Alleluia!

GOSPEL

John 6:60-69

A reading from the holy Gospel according to
John.

After hearing his doctrine many of the
followers of Jesus said, "This is intolerable
language. How could anyone accept it?" Jesus
was aware that his followers were complaining
about it and said, "Does this upset you? What
if you should see the Son of Man ascend to
where he was before?

"It is the spirit that gives life,
the flesh has nothing to offer.
The words I have spoken to you are spirit
and they are life.

"But there are some of you who do not
believe." For Jesus knew from the outset
those who did not believe, and who it was that
would betray him. He went on, "This is why I
told you that no one could come to me unless

the Father allows him." After this, many of his
disciples left him and stopped
going with him.

Then Jesus said to the Twelve, "What about
you, do you want to go away too?" Simon
Peter answered, "Lord, who shall we go to?
You have the message of eternal life, and we
believe; we know that you are the Holy One of
God."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

(all bow during the next three lines)

and by the Holy Spirit was incarnate of the
Virgin Mary,
and became man.

For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of the
dead
and the life of the world to come. Amen.

PRAYER OVER THE OFFERINGS

O Lord, who gained for yourself a people by
adoption
through the one sacrifice offered once for all,
bestow graciously on us, we pray,
the gifts of unity and peace in your Church.
Through Christ our Lord.
Amen.

COMMUNION ANTIPHON

The earth is replete with the fruits of your
work, O Lord;
you bring forth bread from the earth
and wine to cheer the heart.

PRAYER AFTER COMMUNION

Complete within us, O Lord, we pray,
the healing work of your mercy
and graciously perfect and sustain us,
so that in all things we may please you.
Through Christ our Lord.
Amen.



In today's first reading, Joshua challenges the people of Israel. Make up your minds once and for all, he tells them. "If you will not serve the Lord, choose this day whom you will serve." It is decision time.

In today's Gospel, Jesus puts a similar challenge to his followers. Because of his teaching about the living bread, many of his followers turned their backs on him. They found his teaching too hard to stomach. They walked away. So Jesus asks the Twelve, "Do you wish to go away too?"

This is not simply a question from history. Jesus puts it to each of us today also: "Do you wish to go away too? Are you sick of my teaching about the living bread? Are you fed up with my talk about forgiving your enemies? Are my statements about justice and honesty too much for you? Are you turned off when I take the side of the marginalised? Are you embarrassed by the cross? Is the command to turn the other cheek a little OTT?"

It's decision time. It always is. Do you wish to go away, too? Or do you wish to stay? Either way, why? Before you answer, listen to the answers of the Israelites to Joshua and of the twelve apostles to Jesus. The Israelites say: "There is no way that we will forsake the Lord to serve other gods. Look at all God has done for us." And Peter takes it on himself to answer for the apostles: "Lord, to whom can we go? You have the words of eternal life. We believe and we know that you are the Holy One of God." ■

REFLECT

It seems that every year, more and more
people are walking away from the
Church, and for a variety of reasons.
Some, due to their sexuality or domestic
situation, do not feel welcome; others
feel betrayed by the long litany of church
scandals; still others have been hurt by a
priest or religious; some feel excluded by
the Church's clericalism and misogyny;
some have simply lost faith. Today's
Gospel offers an opportunity to think
about why we choose to stay when so
many others have not. There are three
main reasons why I choose to remain in
the Church.

First, and most important, is the person
of Jesus Christ. For me, Jesus is the one
who gives life meaning. For me, Jesus is
the Way, the Truth and the Life – literally.
For me, life makes sense only because
God's Son took on flesh like mine and

died on a cross to save me from oblivion.
In the difficult times, when scandals
threaten to overwhelm me, I always try
to distinguish between Jesus and his
Church, which is made up of fallible
human beings. Even when the Church
lets me down, Jesus never lets me down.
Even when the Church disappoints, Jesus
never disappoints. We should never let
the failures of the Church cut us off from
Jesus.

Second, I stay because of the example
of so many people who by their lives of
love and service show me the meaning of
Christianity. People like Fr Peter McVerry,
who out of love God and neighbour, has
devoted his life to caring for the young
homeless of Dublin and elsewhere. People
like 27-year-old American Jean Donovan
who was martyred in El Salvador 40 years
ago. She knew she was putting her life

SAY

Say with Peter: "Lord,
you have the words of
eternal life. I have come
to believe and to know
that you are the Holy
One of God."

LEARN

Each Christian is called to say a personal
"yes" to Jesus.

Following Jesus means having to make hard
choices.

DO

Think about the faith that you profess.
What does it mean to you to say you are a
Catholic? Can other people see that you are?

PRAY

Pray for those you know who no longer go to
church or no longer believe in God. Pray also
for those who introduced you to the faith
and brought you up in it.

at risk by remaining in that war-ravaged
country, but she stayed there anyway.
She stayed out of love of God and God's
people. She followed Jesus even to the
cross.

Third, I stay because of the consoling
knowledge that we are a Church of
sinners. I'm not perfect. Despite my best
efforts, I fail all the time. I can be moody
and hard to live with. But I look around,
and I see this is something we all have in
common in the Church from the top down
– we are all frail, fragile, broken people,
who sin and fail, and sin and fail again.
But I know that, even despite my failures,
despite the Church's failures, God loves
me – loves us – anyway, and that God will
never abandon me. God is always on my
side, and with God always on my side,
there is no good reason why I should walk
away. ■